



Editorial

TIM TOYNE SEWELL

It has been a good start to this academic year. The new intake seems to be full of ideas which have translated into clubs and activities and we are all looking forward to an interesting and dynamic time ahead.

Already there have been a large number of talks, debates and concerts. Perhaps the most charged of the talks was created by the appearance of two refuseniks from Israel who gave their views to a full Large Common Room. Unlike three years ago when the subject of Israel/Palestine was last debated here, this time virtually every person in the room had personal experience of the violence that takes place on a daily basis in that region. Views were heated and much more polarised than three years ago, which was depressing for those hoping to see progress, yet illuminating for others. Some questioned whether the College should host such events but my answer is

simple: if the international community of the College cannot debate these issues, who can? Indeed, being able to discuss and challenge perceived opinions was one of the fundamental *raison d'etres* of the College and we should be proud of continuing the tradition.

On a different level the Benjamin Britten International Violin Competition was equally demanding and interesting. It had been a dominant issue for the previous 18 months and took place to great acclaim at the end of July. Having 22 young violinists staying in London House in the middle of summer was an experience most enjoyed but a few found somewhat distracting. Practice started for the majority of competitors at 8a.m., when many members were still fast asleep. Hearing scales played repeatedly might not be the best way to awake, but the members were extremely patient and many enjoyed listening to such outstanding talent. Those that objected were given satisfaction in a duel with the competition Chairman (see p.11), so honour was upheld on both sides. The finals took place in the Barbican accompanied by the Royal Philharmonic Orchestra, followed

the next evening by a glittering gala concert for the winners, accompanied by the London Symphony Orchestra. Fundraising for the next competition, which is currently planned for 2007, is now underway: it promises to be a hard grind.

The College has recently appointed six new governors to its Advisory Council to replace the five governors who, having given more than a 100 years of service between them, retired at the October meeting.

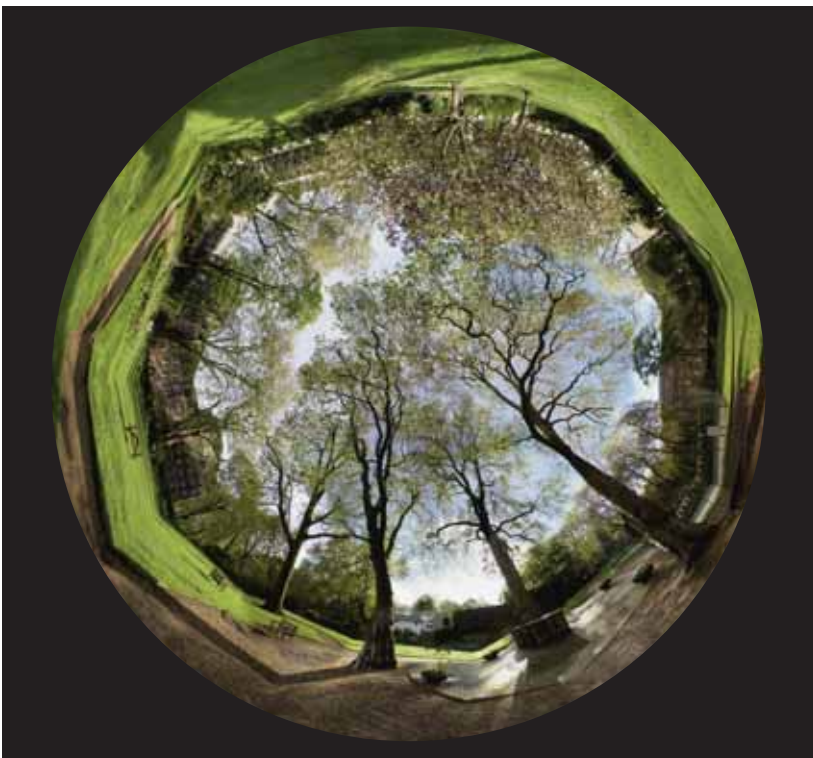
I very much look forward to meeting alumni in New York on 30 May this year and in Washington the next evening. I intend to go to Vancouver, Toronto, Ottawa and Fredrickton later in June and hope to meet old friends as I go. Details will follow once plans are firm.

Finally, I am sad to announce that Madeleine Melling, who has looked after our alumni so well for the past 12 years, has decided that the time has come to retire. She will be a great loss to the College. Her last event will be the Alumni Reception on 29 July 2005 and I do hope that as many of you as possible will be able to attend to give her the send off she so richly deserves. ■

Garden Art

DAN WILLIAMS

In the absence of a College photography competition last year, the Goodenough Garden Committee sponsored an art competition based on the inspiration of the garden itself. Of the varied and fantastic entries, third place was awarded to Jayendra Shah for a computer-generated image. Karen Krequer took second place with an audio CD entitled *Gardenscape*, featuring a series of sounds from within the garden and a map of where they were recorded. First Prize went to Joss Dimock for his amazing 360° photo, *Worm's eye view on a summer's afternoon*, copies of which are available as greetings cards. Prints may be available in the future. ■



WORM'S EYE VIEW ON A SUMMER'S AFTERNOON Joss Dimock's winning photo

The Benjamin Britten International



THE BENJAMIN BRITTEN COMPETITION MEDAL

When the idea of starting a new competition was mooted the first question asked was 'Why?' Competitions are notoriously difficult to manage: first because one is dealing with highly tuned and single-minded artists and secondly because of the politics with which such events are beset. They are also costly: symphony orchestras and halls big enough to contain them do not come cheap. The 'Why' in our case might have extended to the fact that we are not a music school. However, this factor works to our advantage because, although the College's musicians attend all the music schools in London, it is beholden to none of them.

But the simple answer is that in 2001 Dima Tkachenko, a talented Ukrainian concert violinist and a member of the College, pointed out that London did not have an international music competition and that something should be done about



THE DIRECTOR CONDUCTS THE DRAW FOR THE FIRST ROUND IN LONDON HOUSE'S LARGE COMMON ROOM

it. The challenge was accepted and, from this innocent conversation, with a team that had never organised anything like it before, work started. The Director became the Competition Chairman, Paul Darnell its Financial Director, Dima the Artistic Director and Heather Graves, an Australian 'Square baby' and a full member of the College in her own right, the Executive Director.

There was huge enthusiasm from the musical world and distinguished people willingly gave permission for their names to be used. It was decided early on that this should be a competition publicising British music. The Britten Estate was approached and quickly agreed to cooperate: The Benjamin Britten International Violin Competition had a name.

The fundraising process was much harder going. As the pile of rejection letters grew steadily, individuals and foundations kept hopes alive with donations of all sizes. Although there were several

occasions when we nearly called it all off, one benefactor or another would step in to give our funds and morale a boost and the cancellation date would be put back once more.

On 24 July 2004, 22 young violinists from 15 nations arrived in London House. From 10a.m. next day until the



SIR ANDREW DAVIS



ANDREAS JANKE PERFORMING AT THE LAUREATES GALA CONCERT

end of the first round, concerts went on until 7p.m. each night, drawing audiences of 40 to 50 throughout that time. Eight competitors went through to the semi-finals where, in addition to their repertoire, they had to play an unseen piece, *Persistent Memory*, which had been specially commissioned from Michael Berkeley. Four players were then selected for the final.

The finals were played with the Royal Philharmonic Orchestra over two days, each competitor playing the Britten Concerto and an alternative concerto of their choice (two played Brahms, one

Violin Competition 2004

REPORT BY TIM TOYNE SEWELL; PHOTOS BY STEFAN RANDLKOEFER

Young Concert Artists Trust

CONCERTS COMING TO THE COLLEGE
BY ROGER LLEWELLYN

In another exciting collaboration, Goodenough College is playing host to concerts by performers from the Young Concert Artists Trust in preparation for their recitals at London's recently refurbished Wigmore Hall.

Set up in 1984, YCAT has become a significant agent for young musicians and a respected promoter of concerts for all its artists, both past and present. These have included a number of College musicians, and now boast the talented young Welsh pianist, Llŷr Williams among its number. Having won the Critics Prize at the Edinburgh International Festival and recently the support of the Borletti-Buitoni Trust, Llŷr will be performing in two of the forthcoming YCAT concerts in early 2005. ■



LLŷR WILLIAMS



SIMONE LAMSMa, COMPETITION WINNER



THE FOUR FINALISTS (FROM L TO R): SIMONE LAMSMa, MAXIM BRILINSKY, ANDREAS JANKE AND MATTIEU ARAMA

each Sibelius and Tchaikovsky). After two magnificent concerts the Jury withdrew. By a clear margin they awarded the First Benjamin Britten Prize to Simone Lamsma from the Netherlands, who also

received £15,000 and a recording contract with NAXOS, as well as possible engagements with a wide range of orchestras. Second Prize of £6,000 went to Maxim Brilinsky and Third Prize of £4,000 to Andreas Janke, with Mattieu Arama being awarded Fourth Prize of £2,000.

The prizes were awarded at a splendid ceremony in the Barbican by the Lord Mayor, Alderman Robert Finch, and Sir Christopher Wates, President of the Advisory Council. Following this was a concert by the prizewinners accompanied by the London Symphony Orchestra and conducted by Sir Andrew Davis in front of an enthusiastic audience of some 1,400 people.

Against all the odds, what had started as a simple idea had developed into a major international event. The question is now, do we do it again and, if so, when? The answer is probably yes, and plans are afoot for 2007; but watch this space! ■



THE DIRECTOR INTRODUCING THE FINALISTS AT THE BARBICAN

LIEUTENANT-COLONEL E.C.T. WILSON VC



ERIC WILSON WITH PENNY LANCASTER

Lieutenant-Colonel Eric Wilson VC was the Warden of London House from 1962 to 1977. On 6 October 2004, the girlfriend of pop legend Rod Stewart, Penny Lancaster, lent her support to Lieutenant-Colonel Wilson, who had celebrated his 92nd birthday a few days before, to launch the Royal British Legion's Poppy Appeal £1 instant-win scratchcard.

Eric Wilson, who served with the East Surrey Regiment and was seconded to the Somaliland Camel Corps, is one of only five surviving British Victoria Cross holders. He was awarded his Victoria Cross for actions in Somaliland

where, in 1940, under constant artillery bombardment, he defended his observation post for five days despite suffering from severe shrapnel wounds and malaria. Officials thought it was unlikely he survived the battle and he was reported killed in action and the VC was awarded posthumously. It was only when he was discovered safe and well in an Italian prisoner of war camp that he learned of the accolade.

Eric is always delighted to be able to help the Royal British Legion, a charity that provides financial, social and emotional support to the ex-Service community.

Madeleine Melling

COLLEGE AID FOR THE TSUNAMI VICTIMS

Following the tragedy in Southeast Asia on Boxing Day, College Members have started raising funds for those who have been devastated by this disaster. The aim is to support a particular project,

yet to be decided on, which will probably start in March. Please contact Moray Thomas: mthomas@goodenough.ac.uk or Roger Llewellyn: rllewellyn@goodenough.ac.uk if you would like to help.

AL AHMADY



AL AHMADY IN THE LARGE COMMON ROOM, WILLIAM GOODENOUGH HOUSE photo: Dan Williams

The College was delighted to welcome the Yemeni based group Al Ahmady for a fantastic acoustic concert in early July 2004.

The group very kindly agreed to play this free concert in between a date at the National Theatre and their appearance at the Diaspora Music Village Festival which was held at Kew Gardens in Surrey.

The seven-piece ensemble played a wonderful hour-long set of their music which is said to 'reflect the different musical influences of their hometown, Mukalla'. They certainly demonstrated these differences, transitioning from melancholy to a raucous beat capable of moving

the most stubborn of feet. The packed Large Common Room in William Goodenough House responded in kind with many, old and young, taking to their feet accepting the drums' demands.

Dan Williams



THE AL AHMADY CONCERT photo: Dan Williams

DIASPORA

The Al Ahmady concerts, and indeed the Diaspora Music Village Festival, were co-organised with Cultural Co-operation, an independent Arts charity promoting cross-cultural understanding through the various arts.

With such a successful concert at the College and the obvious shared ethos, Diaspora Festival Director and Cultural Co-operation Chief Executive Prakash Daswani was keen to further the relationship between Goodenough and Cultural

Co-operation.

As a result, the two are staging a conference at the College from 21-23 July 2005 entitled 'Know your Place: Identity plus Belonging in Diaspora Literatures'. This event will bring together, in a unique cultural fusion, writers, poets, orators and storytellers from around the world.

For further details, see www.culturalco-operation.org or contact me: daniel@goodenough.ac.uk.

Dan Williams



LETTER FROM THE ALUMNI OFFICE



MADELEINE MELLING: Alumni Officer

Dear College Alumni,

These four pages in the second issue of *goodenoughnews* are devoted especially to alumni matters. I am sure you will enjoy the wedding and young families sections and I hope that if your recent wedding photograph has not been included this time you will forward it to me without delay! Equally, we all like to

see pictures of 'offspring' – no matter what their ages – so please keep sending these to me as well. It is so easy nowadays: just e-mail mmelling@goodenough.ac.uk.

The *alumni news* in the June 2005 issue of *goodenoughnews* will be my last, before my retirement, and I intend to make it a bumper section – so here is your opportunity to get your news to friends spread around the world. News and photographs provide interest and enjoyment for our readers, friendships can be renewed and memories stirred. Again, the e-mail to use is mmelling@goodenough.ac.uk. Please ensure that your items reach me no later than Thursday 12th May.

2004 has been a very busy year and from the list of marriages you will see that the wedding industry is flourishing. I would like to thank everyone who so kindly sent good wishes to David and me on our marriage earlier in the year. We have been deeply touched by all the messages of interest and goodwill sent by alumni friends across the globe.

Our 2004 Alumni Week, running from 7-11 July, proved as popular as in previous years. A full programme of events was on offer to suit most tastes. We organised guided tours to the National Gallery and the Wallace Collection, informal early evening receptions, a Thames Cruise and visit to Kew Gardens, a guided tour of the Houses of Parliament, a trip to Leeds Castle with a picnic, visits to Vinopolis (to the delight of our wine enthusiasts) and a walk through Borough Market, the liveliest market to be found in London on a Saturday morning. The London Alumni Association held their AGM, and a large buffet dinner preceded a twilight concert hosted by our resident Australian and New Zealand College members. To round off the Week's events, a Remembrance Mass was held in the London House Chapel and a Sunday BBQ in the Square Garden continued late into the evening.

The group photograph taken during the Annual Alumni Reception on Thursday 8 July appears on page 12 of this newsletter, and if you look hard enough among the smiling faces you are bound to see some people you know because our guests came from all over the world and spanned the decades. If you can possibly join us for the next Alumni Reception the date to keep clear in your diary is Friday 29 July 2005.

A full programme of events will be available shortly for the 2005 Alumni Weekend running from Friday 29 July until Sunday 31 July and we look forward to welcoming you back once again to Goodenough College.

With all very good wishes for 2005,

Madeleine Melling

NEW BABIES

Christopher and Janine Anderson (WGH 97-98)

– a son Tristan on 9 February 04

Alejandro Arenas-Pinto and Sileida Oliveros Delgado (WGH 02-05)

– a son Alejandro on 9 March 04

Rolf and Monique Bachner (WGH 97-99)

– a son Nico on 17 February 03 and a daughter Ines on 14 Oct 04

Trynos and Ritah Chimusimbe (LH 1996-97)

– a daughter Theresa on 1 July 03

Vernon Cox (Deputy Manager Baxter & Platts) and Rebecca Cox

– a son Jacob on 17 July 04

Dean and Heather Graves (WGH 99-04)

– a son Nathaniel on 25 March 04

Joerg and Mine Heber née Metin (WGH 98-01)

– a son Kerim on 15 September 03

Aaron Koh and Siew Li Ang (WGH 99-01)

– a son Ethan in 03

Gregory Jones (LH 90-92) and Rosali Pretorius (WGH 92-93, 94-95)

– a daughter Phoebe on 6 June 03

Harrison Joseph (LH Reception 1993-2003) and Pauline Joseph

– a son Sean in August 2004

Lucy Lambert (Aqumen 03-04) and Martin Wellington

– a daughter Isabelle on 18 August 04

Fola Laoye née Elebute (WGH 91-94) and Ade Laoye

– a son Dabo on 23 February 02

Charlotte Laerke Weitze née Hansen (WGH 93-95) and

Christoffer Weitze – a son Lucas Oliver on 1 October 04

Godwin and Gloria Lekwuwa (WGH 92-95)

– a daughter Akonuche on 25 November 03

Steve Ludwig (LH 93-94) and Heike Brinkers

– daughter Anna-Sophie on 8 December 03

David MacDonald and Dana MacDonald née Wensley (WGH 96-99)

– a son Gulliver on 15 August 02

William Onzivu (LH 97-98) and Jennifer Onzivu

– a daughter Rianna on 31 August 03

Dion Paridaens (LH 90-91) and Femke Paridaens-Smeele

– twin sons Niek & Mark on 5 October 04

Momina Randhawa Wahla

– a daughter Emaaneh on 21 September 04

Geoff Shuetrim (LH/WGH 94-97) and Alex Heath (WGH 95-97)

– a daughter Eleanor on 12 September 03

Eli Silber and Pam Sonnenberg (WGH 97-99)

– a daughter Justine in 00 and a daughter Ariela in 03

Luis and Teresa Tinoco (LH/WGH 97-99)

– a daughter Carlota on 15 June 04

Setlur Venkataranga (LH 89-92) and Anjana Setlur

– a son Arjun on 27 March 04

MARRIAGES



Christoffer Weitze and Charlotte Hansen

Maria Arcache (LH 96-97) and Steven Levy
 David Cashaback (LH 01-04) and Kim Meier
 Paul Christensen and Emily Pocock (LH 98-99/WGH 00-01)
 Sarah Cooper (LH 99-00) and Michael Ruscitti
 Miriam Garber (WGH 92) and Gregory Finkelstein
 Robin Garrod (LH 02-04) and Joann McDermid (WGH 01-04)
 Yannig Gourmelon (LH 95-96) and Julie Burguburu
 Glenn Inanga (LH 94-97) and Caroline Williams
 Harrison Joseph (LH Reception 1998-2003) and Pauline O'Shea
 Michael Klosowski (LH 93-95) and Cheryl Jones
 Charlotte Hansen (WGH 93-95) and Christoffer Weitze
 Angela Lowe (GC Senior Accommodation Officer) and Derek Martin
 Désirée McGraw (WGH 94-98) and Christopher Marilley
 Rabia Siddique (WGH 98-99) and Anthony Green
 William Onzivu (LH 97-98) and Jennifer Amaguru
 Anit Kaur Randhawa (LH 98-99) and Sanjiv Joshi

- 14 April 2000 in South Africa
- 24 September 2004 in Switzerland
- 28 February 2004 in Australia
- 23 August 2003 in Canada
- 8 August 2004 in the USA
- 20 March 2004
- 19 June 2004 in France
- 31 July 2004 in the UK
- March 2004 in Ireland
- 20 September 2004 in France
- 29 May 2004 in Denmark
- 3 October 2004 in the UK

- 7 August 2004 in Canada
- 24 July 2004 in the UK
- 15 August 2002 in Uganda
- 29 August 2004 in Malaysia



Emily Pocock and Paul Christensen



Christopher Marilley and Désirée McGraw



Yannig Gourmelon and Julie Burguburu



Derek Martin and Angela Lowe



Cheryl Jones and Michael Klosowski

YOUNG FAMILIES



Trevor and Blake, sons of Craig Thorburn and Cynthia Caron Thorburn



Harrison Joseph with son Sean



Phoebe, daughter of Gregory Jones and Rosali Pretorius

YOUNG FAMILIES



Teresa and Luis Tinoco with Carlota; Bernardo and Carlota (inset)



Proud grandmother with Fraser, Alexandra and Elliot, children of Russell and Margaret Land



Mark and Lise Rider with James, Daniel and Nicholas



Ratilal and Meena Lalloo with Sachin and Sahil



Teresa Oliveira with Hugo



Gulliver, son of David and Dana MacDonald



Rianna, daughter of William and Jennifer Onzivu



Mine and Joerg Heber with Kerim

NOTIFICATION OF DEATHS

WE RECORD WITH REGRET the following deaths according to information passed recently to the Alumni Office:

HRH Princess Alice, Duchess of Gloucester, Patron of Goodenough College 1958-2004

Professor J D Anderson, South Africa (LH 1964)
 Dr Alan George Blyth, South Africa (LH 1953)
 Baroness Heather Brigstocke, former Governor and Chairman of WGH Management Committee
 Dr Charles Bruce Cornish, New Zealand (LH)
 Mr Henri R P Coutanceau, Mauritius (LH 1955)
 Mrs Anne Curtin (née Mervis), UK (WGH 1961-64)
 Mr Benjamin W Curtis, USA (LH 1994-95)
 Mr Francis John Donges, Australia (LH 1956-57)
 Dr Noel A Doughty, New Zealand (LH 1988)
 Dr Keith Drayton OBE, New Zealand (LH 1951)
 Mr Neil F Duncan, South Africa (LH 1948)
 Dr A N B Fitzhardinge, Australia (LH 1936)
 Dr A Charles Garnham, South Africa (LH 1945-50)

Mr Bertram H Gilbert, South Africa (LH 1951-53)
 Professor G G Harrison, South Africa (LH 1954-55)
 Dr Richard Kennaway, New Zealand (LH 1991)
 Dr Heinz E Lehman, Canada (LH 1988)
 Dr Elva A McAllaster, USA (WGH 1963-64)
 Dr J M McCracken, Australia (LH 1949)
 Miss Margaret S McRae, Australia (WGH 1961-63)
 Mr Peter Vincent Muller, South Africa (LH 1947)
 Colonel W C J (Tony) Naylor DSC, LH Warden 1977-83
 Mr Glenwyn Colin Sanderson, Australia (LH 1956-58)
 The Lord Leslie Scarman, UK (LH 1935-36)
 Mr M Zubair Shaikh, Pakistan (LH 1966-72)
 Dr Lorna Sisely, Australia (WGH 1964-65)
 Sir Harold Smedley KCMG MBE, UK (LH)
 Sir E R W Thomson, Australia (LH 1949)
 Dr Cecil William Thornhill, UK (LH 1958-59)
 Mr Thomas John Thwaite, Australia (LH 1954)
 Professor J Wessels, South Africa (LH 1953)
 Professor J P Zweig, Canada (LH 1970)

IN MEMORIAM

**A Tribute to HRH Princess Alice, Duchess of Gloucester (1901-2004)
Patron of Goodenough College 1958-2004**



The Duchess of Gloucester's keen interest in the work of the Trust began in the very early days of the creation of London House when she agreed to be President of the 'Ladies Group', a group of committed supporters formed some few years before the war by Mrs F C Goodenough with the object of raising money for the Trust.

The Duchess became a frequent visitor to Mecklenburgh Square. In December 1937 when HM Queen Mary opened the completed building of London House consisting of the hall, the library and the bedroom wing facing Guilford Street, HRH Princess Alice attended this ceremony. In 1953 HM The Queen agreed to become Patron of London House and in 1958 HRH The Duchess of Gloucester became Joint Patron, and thus began her regular attendances in London House.

Below is an article by David Wurtzel about one such visit taken from 'London House, William Goodenough House, The Burn' magazine, October 1971:

'In keeping with her custom and in the tradition of royal visits since that of Queen Mary in the early days of London House, the Duchess of Gloucester visited the House on the 2nd November 1970, when a carefully chosen cross section of both houses were presented to her. The difficulty of enabling such a large number of residents to meet one person was overcome by creating groups defined by nationality, trios being introduced by Lt.-Col. Wilson and Miss Dannatt during the course of an hour-long reception.

It was not so much the tradition embodied by the visit, nor the skill of its organisation that will be remembered by those present, but rather the charm of their own talk with the Duchess. For most of us, it was the first opportunity to speak with a member of the Royal Family and to feel first hand the warmth of that unique and royal talent of being interested in and of being interesting to such a wide diversity of people. Discussions ranged widely, from Nigeria, where she had once enjoyed independence celebrations,



Visit of Her Royal Highness Princess Alice, Duchess of Gloucester to London House on 11th June 1985.



to Australia, where the Duke of Gloucester had been the Governor General. Indeed, Australians present remembered when their parents had bought them red shoes as children, a fashion imitative of the practice begun by the Duchess when she purchased such items for her own sons.'

IN MEMORIAM

**A Tribute to Colonel W C J (Tony) Naylor
DSC (1922-2004)
Warden of London House 1977-83**



Tony Naylor had an interesting and unusual career. He served in both the Navy and the Army. He joined the Royal Naval Volunteer Reserve straight from school, took part in the D Day landings in June 1944 and was awarded the Distinguished Service Cross at the age of 22.

After being demobbed he graduated in History at Lincoln College, Oxford and then, wanting a career that combined education with service life, in 1950 he joined the Royal Army Education Corps. Interesting postings, including Singapore and Nigeria and throughout the UK, followed. His last appointment was at Eltham Palace where he served as Colonel Commandant. When he retired from the Army in 1977 he looked forward keenly to the new challenge as Warden at London House where his experience in education would be invaluable.

In those days, London House (well-known through the world by former residents) was the men-only portion of the Goodenough Trust and was to prove an appropriate and congenial position for Tony who loved every minute of it. Responsible for some 300 graduates (mainly Commonwealth) Tony made a significant contribution to the life of the Square in particular due to his knowledge of the Far East and Africa. He is well remembered for arranging visits for the students to the World War graves in France and a number of outings to Paris.

Shortage of funds in the Trust certainly affected his time in Mecklenburgh Square, but Tony faced this challenge with firm resolution and a sense of humour. Sadly he suffered a severe stroke in 1983 and was forced to retire. He and his wife Ruth and son Colin were very sorry to leave London House as they had made many friends in the Trust. After an illness lasting 21 years, Tony Naylor died on 12 October 2004.

John Pepper, London House Warden 1983-93

Astronauts, Shuttles and Space Doctors

MEDICINE INTERNSHIP AT KENNEDY SPACE CENTRE, SEPTEMBER 2004
BY VICTORIA WYKES, GODENOUGH ALUMNA



WITH UK-BORN US ASTRONAUT MICHAEL FOALE

I received the phone call from the UCL Centre for Aviation, Space and Extreme environment medicine (CASE) whilst in a taxi crossing Tower Bridge, on a cold January evening. 'You have been selected for the NASA space medicine elective at Kennedy Space Centre (KSC) 2004'. Little did I know that this was the beginning of an incredible adventure that would challenge my ideas about space exploration, and open up a whole new world of medicine. Soon after, I was having my fingerprints taken at New Scotland Yard for FBI clearance and booking aeroplane tickets to Orlando.

Arriving in Florida just after hurricane Francis had swept through with winds up to 150 miles an hour was something I had not prepared for: roofless houses, flooding, trees and power-lines down, and beaches that had been washed inland littered with baby turtles and gulls. Neither had NASA's launch site to space at KSC gone without damage.

However I soon started the internship with two other American final year medical students. We were working with the Bionetics team, a group of medical doctors and nurses who gave us privileged insight and access to all aspects of the work that is carried out at KSC. Our

days were typically divided into morning lectures on the medical problems associated with prolonged space travel and also crisis management should a disaster occur during shuttle landing or take off. In the afternoons we had an extensive number of site visits and we worked on our research projects. My project was focused on designing a prototype machine to make intravenous fluids in space, and I also examined the psychological criteria for astronaut selection for long duration space travel.

Much of the current work at NASA is focused on the exploration of bodies within our solar system which can/could have supported life. Mars has been selected as it is the most accessible planet from Earth, and is the most likely planet to have supported life at some period in its past. Following initial rover and robotic investigation a manned mission to Mars is proposed for 2033. The journey will take nine months each way, and it is envisaged that the astronauts will spend about a year exploring, investigating and conducting research on the red planet. The broad themes of research are climatic, geological, solar and astrobiological.

This will be the longest amount of time that mankind has spent away from the life-supporting environment of the Earth. The mission will pose new challenges to individual crew members, presenting medical implications for the human body, overall crew composition and design of the supporting space craft environment.

Having survived the rigors of being launched into orbit the crew are immediately affected by the lack of gravity. This includes space motion sickness which affects 75% of crews resulting in dizziness, nausea and vomiting, and lasts typically for the first week in space. Neurovestibular disturbances result in proprioceptive illusions described by astronauts as 'jelly walls' and 'trampoline floors'. 'Up and down' no longer means anything in an environment in which you can do 360° rolls anywhere you want.

Astronauts also experience a shift in

their body fluids termed the 'cephalad shift'. On Earth our veins are used to pushing blood from our peripheral limbs back to the heart. However in zero g a fluid shift occurs resulting in a relative increase in fluid in the head and upper body so that the astronauts have puffy faces with bulging eyes and skinny legs.

The physiological mechanisms for controlling fluid volume signal that too much fluid is on board, so the kidneys increase urine production. The reduction in mechanical stress on the bones alters calcium metabolism, which coupled with the increased urine excretion of released calcium can result in bone density loss of between 0.5-2% per month, and the formation of kidney stones. Cardiovascular system deconditioning occurs, muscles atrophy, the immune system is depressed, and the long duration of living in very cramped quarters with a maximum of six other people may affect the psychiatric condition of the crew. All these aspects are being investigated in the hope that the mechanism by which they occur can be understood, and a solution found.

One of the highlights was spending an afternoon with the UK-born US astronaut Michael Foale who had recently returned from a five month mission with a Russian Cosmonaut to the International Space Station. It was fascinating learning about the work he was doing, as a substantial amount was medically related. Michael explained how important it was to exercise and counteract the effects of zero g to reduce muscle atrophy. His daily routine included 300 squats in a special harness, and an hour on the exercise bike which was positioned looking down at earth. In order to relax and keep himself occupied he developed a passion for geography and digital photography and had some breathtaking images of sunrises, and the Earth.

I would highly recommend this inspirational elective as it gives you unrivalled experience in aerospace medicine. For more information, check out the following website:

www.case.ucl.ac.uk/elective2. ■



OUTSIDE THE HURRICANE-DAMAGED VEHICLE ASSEMBLY BUILDING AT KSC

Goodenough's Youngest Postgraduate

ROGER LLEWELLYN INTRODUCES KIT ARMSTRONG

Among the new families joining the Mecklenburgh Square community last term, the College was pleased to welcome, in his own right, possibly its youngest ever member. Although twelve year old Kit Armstrong's primary interest is music – as an accomplished pianist and composer he has performed and won awards worldwide – he displays a similar passion for mathematics and science.

Indeed, Kit has come to London with his mother May to study concurrently at the Royal Academy of Music and Imperial College, where his subjects are piano performance, composition, abstract algebra, differential equations and chemistry.

Kit began formal composition and piano studies at the age of five, and at the age of seven became the youngest scholarship student in the 140-year history of Chapman University in California,

attending the University part-time while at the same time completing high school. He then became a full-time undergraduate two years later.

Kit has performed as a soloist with a number of orchestras as well as appearing twice nationwide on US television. In June 2003, he was invited to play at the Carnegie Hall.

As a composer, Kit has written in several styles and musical genres, including numerous pieces for solo piano, a piano quartet, a piano quintet, two string quartets, one symphony and several concerti. His first symphony, *Celebration*, was performed by the Pacific Symphony Orchestra, and in both 2002 and 2003 he was awarded the Morton Gould Young Composer Award.

One of Kit's goals is to learn and perform all of Mozart's piano concerti by 2006, the 250th anniversary of Mozart's birth, but his impressive CV also contains



KIT ARMSTRONG

the fact that his hobbies include flying paper aeroplanes. Encouraged by the other younger members of the College, this talent has already been exhibited around Mecklenburgh Square. ■

Corruption Conference

REVIEW BY ROGER LLEWELLYN AND ATUL SINGH

Given the time of year, perhaps it was appropriate that the seventh Goodenough Conference, which took place on 30 November 2004 and was entitled 'Combating Corruption', should end with its very own 'Lord a-leaping'. Completely at ease with his mobile phone ringing during his closing statement, Lord Desai made his apologies, sprang from the stage, took the call and returned to his subject minutes later without missing a beat.

This was just one of the notable occurrences of another remarkable conference, the likes of which Goodenough College continues to excel in producing. The Director, Tim Toyne Sewell, opened the conference with the observation that corruption was a global phenomenon which caused the poor to suffer disproportionately.

In the general introduction Professor Barry Rider warned against a lopsided

westernised view and defined corruption as an economic transaction driven by motivation for money. He expressed the worry that recent legislative changes in the United States and European Union had only pushed out corruption to other places.

Dr Dennis Osborne went on to talk about high and low frequency corruption, contending that it was the former which was a problem as it led to loss of trust in society and an institutionalisation of corruption as a way of life.

This was followed by a discussion of country experiences, namely in Nigeria, South Africa and Argentina. In Nigeria the drastic remedy of legalising corruption was mooted given the rampant scale of the problem.

Argentina (represented by the Argentine Ambassador, D. Federico Mirré) and especially South Africa presented optimistic scenarios where the

measures against corruption seem to be working.

The panel discussion on the 'Extractive Industry Transparency Initiative' brought new insights to the problem and how transparency at a global level can help to offer a solution. The role of the police in combating corruption was also discussed and El Salvador was held forth as an example of how outsiders can influence change.

Lord Desai closed the conference with the observation that there was nothing inevitable and unchangeable about corruption. He maintained that the United Kingdom, for instance, had moved from a high level of corruption in the nineteenth century to a level of high probity by the end of the twentieth century. It is but one such example and gives hope to other countries facing a familiar old scourge. And somewhere in the middle of this, there was the leap! ■

Future Conferences

ROGER LLEWELLYN OUTLINES TWO MAJOR FORTHCOMING EVENTS TAKING PLACE AT THE COLLEGE

At the time of writing, the committee of College members responsible for the next Goodenough conference, 'The Changing Role of the Museum in the 21st Century', are hard at work devising sessions and proposing and inviting eminent speakers.

This conference will take place on Saturday 23 April 2005, and looks set to attract a vast array of people, ranging from the general public through to academics and museums and galleries professionals. Such questions as 'What is the role of the museum in the 21st Century?', 'Why do people go to museums?' and 'In making a museum more popular is its cultural role merely diluted?' will be addressed. For further details please see the College website: www.goodenough.ac.uk/conferences.

As with all College conferences this will be free to delegates. If you would like to attend, please contact Dan Williams: daniel@goodenough.ac.uk.

Goodenough College is also collaborating with the Royal Asiatic Society and the Royal Academy to hold a study day at the College on Friday 18 March 2005, on the history and culture of the Uighurs – the Turkish tribe who helped to shape the history of Central Asia through their empire and travels stretching into modern day China.

This study day will complement the exhibition 'Turks: A Journey of a Thousand Years, 600-1600' being held at the Royal Academy here in London for three months from 22 January 2005. Over 370 invaluable works of art will be on show, chosen mainly from the collections of the Topkapi Palace Museum and the Museum of Turkish and Islamic Art in Istanbul, besides 37 private collections of various individuals and institutions from 11 countries. Many of these pieces have never been exhibited before outside Istanbul.

For further details please contact Alison Ohta, Curator, Royal Asiatic Society, at: ao@royalasiaticsociety.org. ■



THE REFEREE READS THE RIOT ACT



LIONEL'S WAR DANCE



TAKING TEN PACES



IN BATTLE



THE SOGGY COMBATANTS

The Duel

THE TALE OF AN EVENT INVOLVING ART, ANTAGONISM AND ATTEMPTED RETRIBUTION TOLD BY ROGER LLEWELLYN; PHOTOS BY DREW MORGAN AND STEPHEN BRADLEY

Over the past 1,000 years London has been no stranger to the spectacle of the duel. Issues of reputation, ownership of land and inferred slurs on the character of fair ladies have all been decided by two men standing at a distance of a few paces and then volleying their choice of weapon at each other. It is a little known fact that the advent of famous institutions have also been greeted by duels. The foundation of King's College, London, was marked by a duel with loaded pistols involving the then Prime Minister, the Duke of Wellington, and the Earl of Winchilsea. Both men survived to tell the tale, and this is the only instance (so far...) of a British Prime Minister taking part in a duel.

A mere 175 years later, it was not insignificant that the culmination of the inaugural Benjamin Britten International Violin Competition saw a duel take place on a sun drenched London House

quadrangle between College member, Lionel Foster III and the Director, Major General Tim Toyne Sewell, seemingly sparked off by an alleged excess of scraping and bowing in London House. Rising to Lionel's challenge, the Director, in full ceremonial clobber vanquished the gallant 'suitor' by striking him with a greater number of water filled balloons – much to the enjoyment of an enthusiastic and partisan crowd. ■



ALUMNI WEEKEND 2005

Having spoken to many of you who were able to attend 2004's Alumni Week, the overriding feeling was that a week was too long for many to take away from their busy lives. As a result, we have decided to keep this year's events to one long weekend, taking place from midday on Friday 29 July through to the afternoon of Sunday 31 July. Last year's reunion was a huge success and we hope that this year's will be even more popular. We are still in the early planning stages but it is intended that this special weekend's activities will include guided tours of

London's major museums, a boat trip down the Thames, a visit to a place of particular interest outside London as well as the Annual Alumni Reception and a Buffet Dinner, preceded by a concert. Once more, accommodation for alumni and their guests will be available at preferential rates at the Goodenough Club. Further details will appear soon on the College website (www.goodenough.ac.uk), but if you would like to receive a programme and booking form through the post, please contact me.

Jason Novelli

STAFF CHANGES

At the end of the summer we said a fond farewell to our Development Officer, Alice Croucher. Alice's new role marries her professional career with a personal love as she takes up the position of Capital Development Officer at Rambert Dance Company. We wish Alice all the best. We welcomed her successor,



JASON NOVELLI

Jason Novelli, fresh in from Philadelphia, in November and he has already taken well to the role and life at the College. Jason has taken over as co-ordinator for the Alumni Weekend later in the year, and will be the main point of contact for all development issues. Jason may be contacted at jasonn@goodenough.ac.uk.

ALUMNI NEWS

Please be sure to send in all your news to Madeleine before 12 May 2005, in time for her last alumni section of the newsletter.

COLLEGE REUNION DINNER

For the first time in its long history, Goodenough College is seeking to invite back to Mecklenburgh Square alumni from specific decades for a special Reunion Dinner. The weekend of 10/11 December 2005 has been set aside for this very event, and all those who were at the College (and whose contact details we

have) in the 1950s and '60s will be receiving an invitation to attend. This will be an occasion not to be missed, so if you are aware of an alumnus from this time who has fallen out of touch with the College, please do pass on their details to Madeleine Melling or me.

Jason Novelli

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